BREAKFAST

MAY 2022

Unatego MS-HS Breakfast Menu

Breakfast and Lunch will be served at NO COST to students for the 21/22 school year!

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes 2 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Omelet 3 w/ ½ bagel 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Pillsbury Frudel 4 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Yogurt & Muffin 5 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast Sandwich 6 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
Mini Waffles 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Scrambled Eggs 10 w/ ½ bagel 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast on a Stick 11 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	French Toast Sticks 12 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast Sandwich 13 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
Frudels 16 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast Pizza 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Cinni Minis 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Yogurt & Pop Tart 19 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast Sandwich 20 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
Mini Waffles 23 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast on a Stick 24 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Muffin Fresh/Canned Fruit 100% Juice Low Fat/Fat Free Milk	Yogurt & Pop Tart 26 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk	Breakfast Sandwich 27 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk
MEMORIAL DAY REMEMBER AND HONOR	Oatmeal Rounds 31 100% Juice Fresh/Canned Fruit Low Fat/Fat Free Milk			

Choices Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese, Smoothie, Pop-Tarts Milk Choices: 1% White, Skim White, Skim Chocolate

